

COOLSCULPTING

- FDA approved procedure for fat reduction
- Non-invasive – controlled cooling-vacuum suction applied to targeted areas
- Fat freezes – the fat cells are injured-the fat cells die and are naturally excreted over 12 weeks
- Works on subcutaneous fat, not visceral fat, does nothing for skin laxity
- NOT for weight loss – only treats troubled areas
- Areas that can be treated
 1. Chin
 2. Abdomen
 3. Flanks
 4. Bra Fat
 5. Inner/Outer thighs
 6. Knees
- Day of procedure :
 - Make sure well hydrated and have something to eat
 - Wear comfortable clothing
 - During procedure can read book, check email or even take a nap
- Post procedure:
 - Surface of skin is numb where the applicators were placed
 - Pins and needles/numbness for approximately 5-6 weeks
 - The first few days are the worst depending on the areas that were treated
 - Expect “swelling” for up to 10 days
 - No real downtime. No restrictions. Listen to your body. If it hurts don’t do it.
 - Feels good to wear compression (Spanx) but not required

- Number of treatments depends on:
 - The individual and body habitus
 - Goals/Expectations
- Price depends on number of cycles used and which applicators are used
- Prices start at \$550 - \$1100 per cycle
- Cycles last 35 - 120 minutes per cycle
- Need to wait one month (minimum) in between treatments
- **Results** – While some patients may see results as early as 3 weeks after their treatment, the most dramatic results are usually seen between 1-3 months following treatment.