



January 10, 2018

Dear Patients, Friends, and Clients,

I have important news to share. Beginning this New Year, we are making changes to my practice that may affect you.

We are rebranding the practice and will no longer call it UNITE Health and Fitness. We are excited to launch our new name, **SIMPLE**, a wellness company with three components: **WELLNESS, FITNESS, and a MEDspa.**

We are also not participating with any insurance company as of January 1st, 2018.

This will allow us to treat patients in the way that we are passionate about while taking all views into consideration - holistic, Westernized, diet, exercise, and more. We are excited about this approach and strongly believe it will enable us to move more patients to a state of ideal health and wellness.

We have **SIMPLIFIED** our system for greater **TRANSPARENCY** and **VALUE**. The medical system can be confusing and complicated. We have designed our system to prioritize simplicity of process and honesty. We value your **EXPERIENCE** with us and value your **TIME**.

Please visit our new website for further details about our practice and feel free to call us with any questions or concerns: **www.mySimpleHealthcare.com**

Our new office phone number is: 785-856-3030.

We look forward to this upcoming year and all that it brings!

Happy New Year from our SIMPLE family to yours,

A handwritten signature in black ink that reads 'Sam'. The signature is fluid and cursive, with a large 'S' and a long, sweeping tail.

Dr. Samantha Durland