

Notice: Color, size or shape may appear different between lots.

FGB120-PL-5



my **7**™
simple

daily actions to thrive
in a strong, healthy,
and peaceful body

- ◆ energy
- ◆ elements
- ◆ esteem
- ◆ eating
- ◆ equilibrium
- ◆ eliminate
- ◆ engagement



simple
ELEMENTS

UNITE WOMEN'S
BALANCE

Dietary Supplement
120 Vegetarian Capsules

Recommended Use: As a dietary supplement, take four capsules per day, or as directed by your health care practitioner.

Supplement Facts

Serving Size 4 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxal-5-Phosphate)	30 mg 1500%	Green Tea Extract	100 mg *
Folate	400 mcg 100%	(<i>Camellia sinensis</i>)(leaf) [standardized to contain 98% polyphenols and 45% EGCG]	
(as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 800 mcg)		Diindolylmethane (DIM)	100 mg *
Vitamin B-12 (as Methylcobalamin)	400 mcg 6667%	Black Cohosh Extract	100 mg *
Calcium (as Calcium D-Glucarate)	50 mg 5%	(<i>Actaea racemosa</i>)(root)	
Magnesium	50 mg 13%	[standardized to contain 2.5% triterpene glycosides]	
(as Di-Magnesium Malate)		Broccoli Seed Extract	100 mg *
Calcium D-Glucarate	400 mg *	(<i>Brassica oleracea italica</i>)(seed) [standardized to contain 8% sulforaphane glucosinolate]	
Chrysin	200 mg *	Trans Resveratrol	20 mg *
Chaste Tree Extract	200 mg *	from 40 mg <i>Polygonum cuspidatum</i> (root)	
(<i>Vitex agnus castus</i>)(fruit)			
[standardized to contain 0.5% agnusides]			

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, sunflower lecithin, silicon dioxide, vegetable stearate.

Distributed By: **Simple Wellness**

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Lawrence, KS 66049

Report any adverse reactions to 785-856-3030

Warning: Do not use if pregnant or nursing.

Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.



STORE AT ROOM
TEMPERATURE.

KEEP OUT OF REACH
OF CHILDREN.