

# Supplement Facts <sup>v1</sup>

Serving Size 2 Scoops (50.5 Grams)  
Servings Per Container 14

<b>2 scoops contain</b>	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	200	
Total Fat	6 g	8%*
Saturated Fat	3 g	15%*
Total Carbohydrate	14 g	5%*
Dietary Fiber	4 g	14%*
Total Sugars	8 g	**
Includes 6 g Added Sugars		12%*
Protein	19 g	38%*
Vitamin D (D3 as Cholecalciferol)	50 mcg (2,000 IU)	250%
Calcium	30 mg	2%
Iron	0.4 mg	2%
Sodium	50 mg	2%
Potassium	90 mg	2%
<b>Proprietary Blend</b>	<b>28.5 g</b>	
Rice Protein		**
Flaxseed Flour (Organic)		**
L-Glutamine USP	2.5 g	**
Medium Chain Triglycerides	1.5 g	**
Alpha Linolenic Acid (from Organic Flaxseed Flour)	1.3 g	**
Arabinogalactan Heartwood (from Larch Tree)	1 g	**
L-Lysine Hydrochloride USP	750 mg	**
Glycine USP	500 mg	**
L-Proline USP	500 mg	**
Quercetin Dihydrate	250 mg	**
Skullcap ( <i>Scutellaria baicalensis</i> ) Root Extract (Standardized to contain 30% Flavones as Baicalin)	250 mg	**
Turmeric Root Extract (Standardized to contain 95% Curcuminoids)	250 mg	**
Propolis Extract	200 mg	**
Ginger Root Extract (Standardized to contain 5% Gingerols)	100 mg	**
Green Tea Leaf Extract (Standardized to contain 45% EGCg (Epigallocatechin gallate))	100 mg	**
Rosemary Leaf Extract	100 mg	**

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established

Other Ingredients: Whole Grain Brown Rice Sweetener (Organic)(Oryza™), Natural Flavors, Silicon Dioxide, Ascorbyl Palmitate, Guar Gum, Gum Acacia, Xanthan Gum and Rebaudioside A (Organic).