

Supplement Facts^{V1}

Serving Size 1 Capsule
Servings Per Container 60

1 capsule contains	Amount Per Serving	% Daily Value
Riboflavin (Vitamin B2 USP)	25 mg	1,923%
Vitamin B6 (as Pyridoxine Hydrochloride USP)	50 mg	2,941%
Folate (from 2,000 mcg as Quatrefolic [®] (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	3,400 mcg DFE	850%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41,667%
Betaine (Trimethylglycine)	500 mg	*

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate, Stearic Acid, Calcium Silicate, and Silicon Dioxide.