

## IV THERAPY FAQ

### 1. How does IV therapy work?

IV Vitamin Therapy works by administration of vitamins and nutrients that absorb directly into the bloodstream. Through IV vitamin therapy, one can achieve 100% bioavailability and immediate blood concentrations that are not obtainable with oral (pills or liquid), or even intramuscular (IM) administration. IV nutrient therapy may be more effective for correcting vitamin and nutrient deficits inside cells, where they are needed.

### 2. Which infusion should I get?

It depends on why you are getting the infusion. We offer different types of infusions and add-ons based on what you are looking for. For instance, if you are dehydrated, the rehydrate infusion would be perfect.

### 3. Can an infusion take place of a multivitamin?

Theoretically we get everything we need from our diet but some individuals are deficient on certain vitamins due to dietary choices, past surgeries, or stomach pain/irritation.

### 4. How often can I get IV therapy?

Frequency depends on your hydration needs and your choice of IV therapy. Our nursing staff will discuss which options are best: weekly, biweekly or monthly treatments and devise a total wellness plan right for you.

### 5. What are the side effects of IV therapy?

IV Vitamin Therapy is generally very safe and poses minimal if any negative side effects. Minor side effects can include bruising or soreness around the area, or a brief flushed feeling. Less common side effects include a risk of infection or an allergic reaction to the treatment. All side effects are short lived and completely treatable.

### 6. Who shouldn't get IV therapy?

Individuals with heart conditions/failure, kidney failure or dialysis, or liver failure. Our blends are effective but safe!